Git and GitHub:

If you have large files and try to commit and failed because of over 100MB, you have to delete the large file from local repository and remove from cached information.

<https://dalibornasevic.com/posts/2-permanently-remove-files-and-folders-from-a-git-repository>

You can do it using the git filter-branch command, like this :

git filter-branch --tree-filter 'rm -rf path/to/your/file' HEAD